## **Biodata**

Name - Dr. Meena Tripathi

Date of Birth - 10-07-1975

Father's Name - Late Sri-A.B.Tripathi

Educational Qualification - M.A. Ph.D

Specialization - Social Psychology
Designation - Assistant Professor

Department - Psychology

College - M.B.Govt.P.G.College, Haldwani

Teaching Experience - 16 Years in UG and PG

Date of appointment - 12-12-2006 (Sanvida Shikshak)

Date of regularization - 18 July 2016 First date of joining - 23 July 2016

Research Paper Published - 17 Seminar/ Workshop - 32 Orientation Programme - 01 Refresher Course - 02

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## Paper Published: Journal / Book

**1.**Journal Global Values (A Referred International Journal), Publisher Journal Anu Books, Vol-V11, No.-2, Decembre-2016, ISSN NO, 0976-9447.

Topic: Emotional intelligence and gender differences.

2-Innovation The Research Concept, Multi-disciplinary Bi-Lingual International Journal, Vol-2, issue-8, September 2017, ISSN NO, 2456-5474.

Topic: Mental health status of runaway children.

3-Indian Journal of Community Psychology, Vol-13, Issue-11, September- 2017, ISSN NO, 0974-2719. Topic: Religiosity and birth order: A comparative study.

4- भारतीय साहित्य में कृष्ण देष भारती प्रकाषन दिल्ली. 2019, ISBN-978-93-81488-57-7 विषय— पर्यावरण: साहित्यक दर्षन एवं मनोवैज्ञानिक अध्ययन

5- शिक्षा, साहित्य और राष्ट्रपेम Writers Choice, New Delhi, ISBN- 978-93-84081-50-8. विषय— राष्ट्र भावना और व्यक्तित्व के विकास में शिक्षा और मनोविज्ञान की भूमिका।

6- Paripex-Indian Journal of Research, Vol-8, Issue-11, November-2019, ISSN NO, 2250-1991.

Topic: Assessment of emotional intelligence in three socio-economic status family students.

7-Think India Journal, Vol-22, Issue-13, December-2019, ISSN NO, 0971-1260.

Topic: Study of anxiety of house wives.

8-Adolescence: A Challenging State, Publisher Harshwardhan Publication Pvt.Ltd.January -2020, ISBN NO, 978-93-90284-31-3.

Topic: Study of adjustment among adolescent boys and girls.

9-Gandhi Darshan: Siksha ke vividha aayaam, Arnab Enterprises, New Delhi,2020,ISBN NO,978-81-936585-3-6.

Topic:Mahatma Gandhi ka siksha darshan.

10-Changing Scenario of Education: Challenges and Solution (Covid-19), Ishika Book Distributors, Agra, 2020.ISBN NO.978-93-87697-83-6.



Topic: Covid-19 Pandemic and Mental Health.

11-International Journal of All Research Education & Scientific Methods, Vol-9, Issue-3, March-2021, ISSN NO, 2455-6211.

Topic: Study of anxiety among working and nonworking women

12-Contemporary Issue of Youth, Lulu Publication, Hillsborough St, United States, 2021, ISBN NO, 978-1-257-91258-2.

Topic: Role of internal and external factors on mental health of youth.

13-tsMj eqnns ,o fofo/k vk;ke , Nitya Prakasan, Bhopal, Madhya Pradesh, 2021, ISBN NO, 978-93-91257-18-7.

Topic: Education scenario: Today's perspective.

14-Innovation in Teaching Learning Process, Prachi Digital Publication, 2022, U.S.Nagar Uttarakhand, ISBN NO-9789390910182.

Topic: 'f'k{kk vksj lztukRedrk ,d euksoSKkfud v/;;u.

15-International Journal of Research and Analytical Review, Vol.-9, Issue-2 April 2022, Issn NO,2348-1269(E), 2349-5138(P).

Topic: A study of job satisfaction between government and private school teachers.

16-Issues and Challenges in Teacher Education, Taneesha Publishers, 2023, Lalkuan, Nainital, Uttarakhand, ISBN No.-9789340910793.

Topic-शिक्षक शिक्षा की समस्याए: एक मनोवैज्ञानिक अध्ययन.

17-International Journal of Novel Research and Development, vol-8, issue-4, April 2023, ISSN No.-2456-4184, 453-458(P).

Topic: A Comparative Study: Marital Adjustment of Working and Non-Working Women.

## **Seminar / Workshop:**

- 1- National Workshop on Awareness of Intellectual Property Rights (IPR) Specific in Geographical Indications, 17-March, 2016. Dept of Geology, L.S.M.Govt.P.G.College Pithoragarh.
- 2-5<sup>th</sup> National Conference on Shifting Paradigms of Rural Development,18-19, December 2016, Sponsored by Dept of Higher Education, Govt. of Uttar Pradesh,Organized by Govt.P.G.College Bisalpur (Pilibhit).

Topic: Women's Dairy Development and Empowerment.

3-One Day National Workshop on Combating Desertification, Land Degradation and Drought,3-January,2017,Organized by Geology Dept. L.S.M.Govt.P.G.College, Pithoragarh.

Topic: Desertification: Causes and Effects.

- 4-.Regional Workshop on "DISASTER MANAGEMENT" 22<sup>nd</sup> April, 2017 Dept. of Geology, L.S.M. Govt. P.G. College, Pithoragarh.
- 5-"Immunology and Health 2017". Organized under the aegis of Indian Immunology Society and ASPIRE an 29<sup>th</sup> April 2017 at LSM Govt. PG College, Pithoragarh, Uttarakhand.
- 6- Technology Business Incubator: Promoted by: (NSTEDB, Department of Science & Technology, New Delhi) "Two Weeks Faculty Development Programme on Enterpreneurship' Organized by TBI-KIET, Ghaziabad from 09-06-2017 to 20-06-2017 at Seemant Institute of Technology, Pithoragarh, Nainital.
- 7- University Grants Commission Human Resource Development Centre Kumaun University, Nainital, (Uttarakhand) UGC-Sponsored Orientation Programme from 25-10-2017 to 21-11-2017.
- 8-College of Teacher Education(C.T.E.) Pithoragarh , Uttarakhand Workshop On Online and Digital Learning 09-16 March 2018

Organized by: B.Ed.Department, L.S.M.Govt.P.G.College, Pithoragarh.

9-International Seminar On Aestheticism And Indian Culture 17-18 March 2018. Organized by Department of History, Kumaun University, S.S.J. Campus Almora. Sponsored by Indian Council of Historical Research New Delhi. Indian Council of Social Science Research, New Delhi.

Topic: Religious Beliefs, Folks and Deities Of Kumaun Region.

10-National Workshop Entitled, Awareness on Intellectual Property Rights, 18 April 2018, , Department of Geology, L.S.M.Govt.P.G.College, Pithoragarh.

Topic: Introduction to Intellectual Property Rights.

11-National Workshop On Landslides, 23 to 25 May 2018, Department of Geology, L.S.M.Govt.P.G.College,Pithoragarh.

Topic: Psychological Impact of Landslides.

12-.राष्ट्रीय संगोष्ठी ''शिक्षा संस्कृति एवं जीवन मूल्य (भारतीय संदर्भ में) दिनांक—23 नवम्बर, 2018, सम्पूर्णानन्द संस्कृत विश्वविद्यालय, वाराणसी, एवं राष्ट्रीय महासंघ, उत्तर प्रदेश।

विषय- शिक्षा संस्कृति और व्यक्तित्व विकास।

13.उत्तराखण्ड विज्ञान, शिक्षा एवं अनुसंधान केंद्र (युसक) देहरादून के तत्वाधान मे नोला फाउंडेषन द्वारा आयोजित एक दिवसीय

कार्यषाला .नीर नदी और नेाले, 24 दिसम्बर, 2018. लक्ष्मण सिंह महर राजकीय रनातकोत्तर महाविद्यालय पिथौरागढ़,

14- University Grants Commission Human Resource Development Centre Kumaun University, Nainital, (Uttarakhand) UGC-Sponsored Refresher Course from 21-02-2019 to 14-03-2019. Subject: Disaster Management

15- National Seminar: Water, the Animated Life: Challenges & Solutions, 8-9 March 2019, Sponsord by UCOST, Organized by UPSA in conjunction with: UGC- Human Resources Development Centre, Kumaun University, Nainital.

विषय: जल ही जीवन का आधार है

16-One Day Basic Training Programme on Human Rights 13 March 2019, Sponsored by National Human Rights Comission, New Delhi, Organized by UGC- Human Resources Development Centre, Kumaun University, Nainital.

- 17- State Level Workshop on Gender Budgeting, 25to27March2019, Department of Sociology, L.S.M.Govt.P.G.College, Pithoragarh.
- 18- Uttarakhand Open University, Haldwani and Rehabilitation Council of India (A under MoSJE, Govt of India, New Delhi) CRE Workshop on Enhancing Role of Special Educator in Early Childhood Special Education held from 11 to 15 November 2019, Organized by Uttarakhand Open University, Haldwani with collaboration of Department of Psychology, M.B.P.G.College, Haldwani.
- 19- National Seminar on Progression and Innovation in Higher Education, 16 November 2019, Organized by Internal Quality Assurance Cell, M.B.Govt.P.G.College, Haldwani, Sponsored by Department of Higher Education, Govt. of Uttarakhand.

Topic: Higher Education in Uttarakhand: Present and Future

- 20-- Uttarakhand Open University, Haldwani and Rehabilitation Council of India (A under MoSJE, Govt of India, New Delhi) National Webinar on Challenges Related to Mental Wellbeing of Divyaangjan in Corona Period and Their Therapeutic rehabilitation (Approved for CRE Status by RCI) held from 23to24 January 2021 organized online by Uttarakhand Open University and M.B.P.G.College, Haldwani.
- 21-.M.B.Govt.P.G.College Haldwani & GDC Bhatronjkhan (Almora) in Collaboration with Faculty Development Centre Under PMMMNMTT Scheme of MHRD,Govt.of India. Hemvati Nandan Bahuguna Garhwal University,One Week Online Faculty Development Programme on Ethics, Research Methodology and Applied SPSS From 27 January to 02 February,2021.
- 22-National Seminar Understanding Women Empowerment Through Indian Culture, Texts and Practices, Manyvar Kanshiram Government Degree College, Saddique Nagar, Nandgram, Ghaziabad, U.P. 6 March 2021.

विषय: महिला सषित्तकरण..एक मनोवैज्ञानिक दिप्टकोण

- 23-One Day National Workshop on Intellectual Property Rights, Organized by M.B.Govt.P.G.College, Haldwani in association with UCOST Dehradun, held on 22 March 2021.
- 24- National Conference on Integrity of Mathematic in Advancement of Science, Technology and Management (IMASTM2021) held at M.B.Govt.P.G.College, Haldwani, 25to26 March, 2021. Topic: Importance of Statistics in Psychology
- 25- Ten (10) Days Virtual Research Methodology Workshop for Research Scholars in Social Science. 22 April 2021 to 01 May 2021. Organized by Uttarakhand Open University, Haldwani, Sponsored by ICSSR New Delhi.
- 26- Ten (10) Days National Virtual Capacity Building Workshop in Test Construction.22 June 2021 to 01 July 2021. Organized by M.B.Govt.P.G.College, Haldwani, Collaboration with Department of Psychology Doon University.
- 27- University Grants Commission Human Resource Development Centre, Aligarh Muslim University, Aligarh, UGC Sponsored Online Refresher Course From 25 October 2021 to 09 November 2021. Subject: Environmental Studies
- 28- National Seminar on Unsung Heroes and Freedom Fighters of Kumaun Region of Uttarakhand.28-29 December 2021, Organized by L.S.M.Govt. P.G.College, Pithoragarh. Sponsored by ICSSR New Delhi.
  - Topic: Unsung Heroes and Freedom Fighters of Kumaun Region of Uttarakhand.
- 29- University Grants Commission Human Resource Development Centre, Aligarh Muslim University, Aligarh, UGC Sponsored Online Short Term Course on Research Methodology in Social Sciences from 24 August to 30 August 2022.
- 30- दो दिवसीय राष्ट्रीय संगोष्ठी स्वतंत्रता संग्राम में कुमाऊँ-गढ़वाल के जननायकों का सामाजिक एवं सांस्कृतिक योगदान, 4<sup>th</sup> and 5<sup>th</sup> November 2022, Organized by History Department, Lakshman Singh Mahar, Govt. Degree College, Pithoragarh (Uttarakhand).
  - Topic-स्वतंत्रता आंदोलन में उत्तराखंड की महिलाओ का योगदान
- 31-Two Day International Seminar- Role of Education, Literature, Culture and Society in Global, 13<sup>th</sup> and 14<sup>th</sup> November 2022, Organized by Department of B.Ed., L.S.M Govt. P.G. College, Pithoragarh (Uttarakhand).
  - Topic-सामाजिक विकास मे शिक्षा और संस्कृति की भूमिका
- 32-Two Day National Seminar- In 75 Years of Independence: Girl Child Education, Security and Self Reliance, 27<sup>th</sup> and 28<sup>th</sup> February, Organized by Department of Education, M.B. Govt. PG. College, Haldwani, Nainital (Uttarakhand).
  - Topic-Role of Education in the Development of Girl Child.